

Tarot Spread Workbook

EMs Path



Tarot Spread Workbook

This workbook is designed for those dedicated souls that wish to keep track of their tarot/ oracle card readings.

In this workbook there is provided a guideline of the steps to reading tarot cards, how often to read each spread, some example spreads, and worksheets to record and document your various spreads.

Tarot/ Oracle/ Angel cards are a value metaphysical tool for many. They help to uncover some of your deepest internal beliefs, guide you on the right path, and provide insight into that which your soul already knows.

Each card has a very different meaning, and each card deck holds different perspectives to your soul. This workbook can be used for any card deck, for up to a 9 card spread.

There is a worksheet for 1 card, 3 cards, 7 cards and 9 cards. Pick which is best for your reading and spread, and ENJOY!

I hope this workbook adds some ease to your spiritual journey, and allows for a more dedicated tarot reading routine.

Tarot Reading How To

Reading Tarot/ Oracle/ Angel Cards aren't really too difficult. Just like everything in life, it requires a lot of practice and dedication.

Some people are more intuitive than others and have stronger psychic gifts that allow them to read the cards more intensely.

However, there are certain techniques that all readers use that allow them to call into their guides to allow an accurate reading to come through.

All cards, no matter what kind, have energy in them. With this in mind, it is important to make sure you are in the right head space to do a reading.

Whether you are performing the reading on yourself, or another, readings should be done with care and love.

There are 5 steps to take to accurately get a reading from the cards.

Tarot Reading How To

Step 1: Connect with the cards

This is an important step, as without a connection, the cards can not receive messages from your guides or higher self. Connect to the cards by placing your dominant hand on the top of the deck and your other hand underneath. Take deep breaths and feel the energy of the cards.

Step 2: Feel the energy

Once you have started your deep breathing, FEEL the energy transfer between you and the cards. Allow the energy to pass from you to the cards, and the cards back to you.

Step 3: Ask your question

No matter what spread you are using, make sure you ask for guidance during the reading. You are calling in your guides to give you an accurate reading. An example could be "Show me that which I need to know" or "Show me how to reach the highest good". As long as your intentions are pure, an accurate reading will come through.

Step 4: Perform the reading

Depending on the spread you have decided to use, the reading could take anywhere from 5 to 20 minutes. Make sure that with each card that is revealed, you take note of the emotions and thoughts that come to you. Your guides may try speaking to you in more ways than one.

Step 5: Cleanse the deck

This is an important step to do, especially if you are performing a reading on yourself and others. This can be done through placing either rose quartz or clear quartz on top of the deck for 2 minutes. When the cards have been connected with another and then a reading is performed on you, the energy could be coming from the guides of another.

Tarot Reading Examples

Daily Guidance Spread

What Today
Brings

Focus for
Today

What to Let
Go of

Daily

Angel Guidance Spread

Challenge at
hand

What my
angels want
me to know

Lesson my
Angels want me
to Learn

How this
challenge is
affecting my life

How to
overcome this
challenge

Monthly

Love Spread

The Kind of
Love I Attract

The Kind of
Love I'm
Looking For

Baggage I
Carry
Around Love

How to
Release
Baggage I
Carry

My Soul
Lesson I'm
Learning
About Love

Monthly

Tarot Reading Examples

Money Spread

Beliefs About
Money

Work to Do to
Change
Beliefs

Potential
Outcome if
Work is Done

Monthly

Self Help Spread

What Message
is My
Thoughts
trying to Tell
Me

What Message
is My Body
trying to Tell
Me

What Message
is My Soul
trying to Tell
Me

Action
Required for
Healing

Action
Required for
Healing

Action
Required for
Healing

Monthly

Tarot Readings should be done once a month to allow action to be taken on the cards. Everything except the daily spread needs time to be fulfilled. If you notice the same cards appearing every reading, it is an indication that guidance is being ignored and should be addressed immediately.

TAROT SPREAD WORKSHEET

Spread:

Date:

Question
at hand:

Card:



Card	Meaning	Personal Interpretation/Feelings

TAROT SPREAD WORKSHEET

Card	Meaning	Personal Interpretation/Feelings

TAROT SPREAD WORKSHEET

Spread:

Date:

Question
at hand:

Card:

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Card

Meaning

Personal Interpretation/Feelings

TAROT SPREAD WORKSHEET

Spread:

Date:

Question at
hand:

Card:

Card

Meaning

Personal Interpretation/Feelings

